

CALABRIA | COAST 2 COAST

SOVERATO - PETRIZZI - MONTEROSSO CALABRO - PIZZO - TROPEA

30.03.2027 - 03.04.2027

MUST
GO

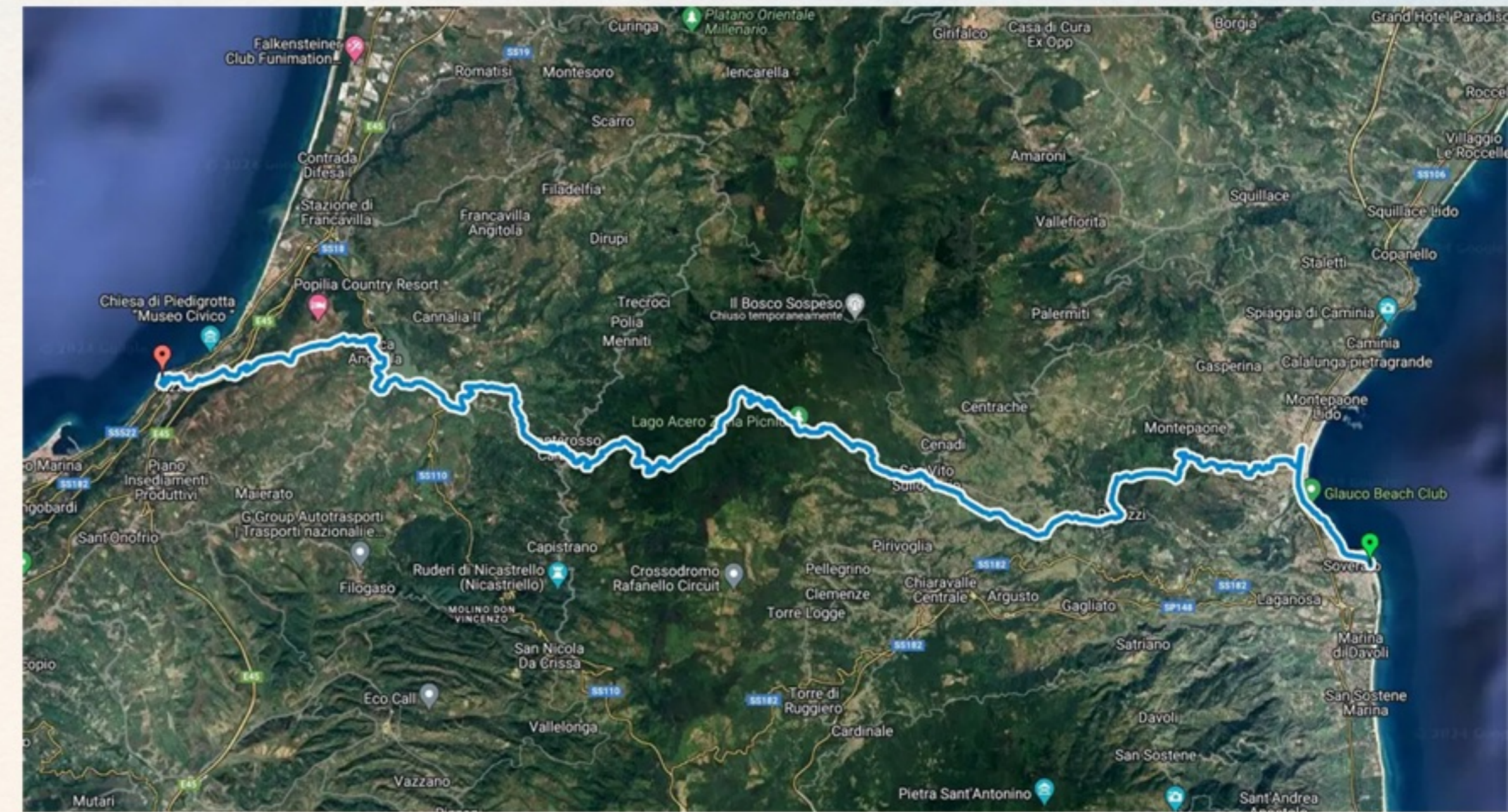


The Calabria Coast 2 Coast

From the white Ionian beaches of the “Costa degli Aranci”, starting from Soverato and crossing the mountainous territory of Preserpe Calabre in their shortest stretch, passing through the suggestive villages of Petrizzi, San Vito sull'Ionio and Monterosso Calabro, the Calabria Coast to Coast reaches the picturesque Pizzo, perched on a tufaceous spur that rises sheer to the golden Tyrrhenian beaches of the “Costa degli Dei”.

The Calabria Coast to Coast route is a naturalistic path of 55km, to be savoured at a slow pace among expanses of centuries-old olive trees, rows of vines, fields of wheat and prickly pears, woods of chestnut trees and centuries-old beeches, picturesque modeled granite stones from time and the magnificent natural oasis of Lake Angitola.

But it is above all an emotional and sensorial journey inside a Calabria far from the usual tourist routes, to discover those ancient flavors and values that are the roots of this wonderful land, rich in history and millenary culture and where time seems to have stopped.



CALABRIA

COAST TO COAST

TREKKING ADVENTURE

— WALK. TASTE. CONNECT. —

📅 5 DAYS • 4 NIGHTS 🚶 ONE EPIC JOURNEY ACROSS CALABRIA

*From the Ionian Sea
to the Tyrrhenian Sea
The Heart of Calabria Awaits.*

📍 SOVERATO
IONIAN COAST

📍 PETRIZZI
AUTHENTIC CHARM

📍 MONTEROSSO CALABRO
TIMELESS BEAUTY

📍 TROPEA
THE PEARL OF THE TYRRHENIAN

📍 PIZZO
HOME OF THE FAMOUS TARTUFO

📍 SPILINGA
THE HOME OF CALABRESE SALAMI

📍 GIZZERIA
WINE TASTING &
SALAMI CALABRESE MAKING

📍 CURINGA
THE GIANT OF CALABRIA

🚶 SCENIC TRAILS

🍴 LOCAL FLAVOURS

🍷 FINE WINES

📷 UNFORGETTABLE VIEWS

One Trail. Two Seas. Endless Flavours.

DAY 1 - Tuesday | 30th March 2027

Meals: Breakfast Lunch Dinner

Lamezia Sant'Eufemia • Soverato • Petrizzi

Upon arrival at Lamezia Terme Airport, we transfer by coach to the beautiful seaside town of Soverato, where after a refreshing breakfast our Calabria Coast 2 Coast adventure begins.

Starting from the promenade overlooking the Ionian Sea, we embark on our first trek through the Calabrian countryside. The route gradually climbs inland, offering panoramic views before reaching the charming hilltop village of Petrizzi, often referred to as the "Flower of Stone".

A packed lunch will be provided during the walk by our local representative. Upon arrival in Petrizzi, we check into our accommodation. In the evening, we enjoy a traditional Calabrian dinner featuring local specialties before settling in for our first night in a charming B&B or agriturismo.

Walking Distance: 13.6km | Walking Time: Approximately 4.5 hours

Difficulty: Medium | Elevation Gain: 716m | Maximum Altitude: 643m



DAY 2 - Wednesday | 31st March 2027

Meals: Breakfast Lunch Dinner

Petrizzi • Monterosso Calabro

After breakfast, we begin the second stage of our Calabria Coast 2 Coast adventure, one of the most scenic sections of the journey from both a natural and historical perspective. Following a landscape of centuries-old olive groves and golden wheat fields, we make our way across the Calabrian countryside. Along the route, we pass the tranquil Lake Acero before entering a vast beech forest, reminiscent of a scene from a fairy tale.

A packed lunch will be provided during the trek by our local representative. Our day concludes in Monterosso Calabro, a traditional hilltop settlement rich in character & authentic southern Italian charm. Upon arrival, we check into our accommodation and enjoy a delicious dinner featuring Calabrian specialties.

Overnight stay in a charming B&B or agriturismo in Monterosso Calabro.

Walking Distance: 23.5km | Walking Time: Approximately 7 hours

Difficulty: Medium | Elevation Gain: 979m | Maximum Altitude: 1000m



DAY 3 - Thursday | 1st April 2027

Meals: Breakfast Lunch Dinner

Monterosso Calabro · Pizzo · Tropea

After breakfast, we set off on the final stage of our Calabria Coast to Coast adventure towards the Tyrrhenian Sea. The route passes through the beautiful Lake Angitola Nature Reserve and the archaeological area of Rocca Angitola, home to the ruins of an ancient Norman settlement. A packed lunch will be provided during the walk.

Our journey concludes in the picturesque seaside town of Pizzo, perched on a rocky cliff overlooking the sea. Here, we celebrate the completion of our Coast to Coast trek and enjoy some free time to explore the town or sample its famous Tartufo ice cream. Later in the afternoon, we transfer to Tropea, one of Calabria's most beautiful coastal towns. The remainder of the day is free at leisure.

Overnight stay in a 3*/4* Bed & Breakfast hotel in Tropea.

Walking Distance: 19.6km | Walking Time: Approximately 5 hours

Difficulty: Medium | Elevation Gain: 585m | Maximum Altitude: 352m



DAY 4 - Friday | 2nd April 2027

Meals: Breakfast Lunch Tasting

Tropea • Curinga • Gizzeria • Tropea

After breakfast, enjoy some free time in Tropea, known as the "Pearl of Calabria", famous for its crystal-clear waters, beautiful beaches and charming historic centre. Late in the morning, we head to Spilinga, renowned for its famous spicy 'Nduja. Here, we visit a local farm and enjoy a food and wine experience featuring traditional Calabrian cured meats, cheeses, pasta and wine, all served with spectacular coastal views.

In the afternoon, we continue to Curinga to visit the 1000-year-old Plane Tree of Curinga, the largest tree of its kind in Italy, as well as the nearby Hermitage of Sant'Elia.

Our journey then continues to a charming agriturismo in Gizzeria, where we take part in an olive oil workshop and tasting experience, learning how to recognise high-quality Extra Virgin Olive Oil.

Overnight stay in a 3*/4* Bed & Breakfast hotel in Tropea.



DAY 5 - Saturday | 3rd April 2027

Meals: Breakfast Lunch Dinner

Tropea • Lamezia Sant'Eufemia • Departure

After breakfast, and depending on our flight schedule, we may have some free time to enjoy a final stroll and bid farewell to the unforgettable memories created along Calabria's stunning coastline - often referred to as the hidden pearl of Southern Italy.

At the appropriate time, we will transfer to Lamezia Terme Airport for our return flight home.

As our Calabria Coast to Coast adventure comes to an end, we leave with wonderful memories of breathtaking landscapes, charming villages, authentic cuisine, warm hospitality, and the special friendships forged along the way. While the journey may be over, the experiences and stories gathered during these days will remain with us long after we return home.

Arrivederci Calabria...alla prossima!



CALABRIA COAST TO COAST

5 DAYS / 4 NIGHTS

DAY 1 EARLY ARRIVAL / START TREKKING

- Private transfer
Lamezia Airport → Soverato
- Breakfast / refresh stop in Soverato
- Trek Stage 1
Soverato → Petrizzi
13.6 km – 4.5 h – Medium

DAY 2 PETRIZZI → MONTEROSSO CALABRO

- Trek Stage 2
23.5 km – 6 h – Medium/Hard

DAY 3 MONTEROSSO CALABRO → PIZZO → TROPEA

- Trek Stage 3
19.6 km – 5 h – Medium
- Free time in Tropea

DAY 4 TROPEA / EXCURSION DAY

- Food & wine experience in Spilinga
- Visit the ancient plane tree and hermitage in Curinga
- Olive oil workshop in Gizzeria
- Free time in Tropea

DAY 5 DEPARTURE

- Transfer to Lamezia Airport
- Flight departure 12:15 PM
(Arrival at airport by 10:00 AM)

LEGEND

- TREKKING ROUTE
- EXCURSION BY BUS
- TRANSFER BY BUS
- AIRPORT



WHAT IS INCLUDED?

- 4 nights in 3*/4* hotels and farmhouses (as mentioned in itinerary or similar)
- 5 breakfast
- 3 packed lunches + fruit + water
- 2 dinners (3 course) + water + wine
- Visit to a farm with Tasting (appetizer, 1st course, water & wine)
- Extra virgin olive oil tasting, including an in-depth tasting and local dishes
- Guided tour of Curinga and Hermitage of Sant'Elia with Guide
- Daily luggage transport from stage to stage
- All private airport shuttles
- All excursions private transport
- Medical / Baggage insurance (during hiking)
- 24hr Assistance
- All parks entrance fees
- English speaking local guides
- Insolvency fund cover (this is not travel insurance)

WHAT IS NOT INCLUDED?

- International flights (available on request) and subject to date change
- Travel Insurance
- Meals not mentioned in the itinerary
- All drinks with meals
- Excursions not mentioned in the itinerary
- Tourist tax or any Government taxes imposed from time to time
- Everything that is not mentioned in the “What is included”

PRICE

- Early Bird Price €975
- Standard Price €1,100
- Single Supplement + €380

PAYMENT TERMS

Booking
Deposit

€400

2nd Deposit
by 30/11/2026

€400

Final Payment
by 30/01/2027

Balance



DON'T THINK. TRAVEL.



MTA TRAVEL AGENCY LICENCE - TRAM/34

INSOLVENCY FUND REGISTERED

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